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Shady Creek Outdoor School 2015/2016 Menu

2015/2016

SHADY CREEK BREAKFAST MENU	SHADY CREEK LUNCH MENU	SHADY CREEK DINNER MENU
Monday		
	PIZZA DOUGH W.W.14	SALISBURYSTEAK
	PIZZA SAUCE	BROWN RICE PILAF
	CHEESE MOZZERLLA LITE SH	CORNFROZEN
	PEPPRONISLICE	ICEBURG SALAD
	ROMAINE SALAD	TOMATO SALAD
	TOMATO SALAD	CUCUMBER SLICED SALAD
	CARROTS BABY SALAD	BEANS GARBANZO SALAD
	CUCUMBER SLICED SALAD	RANCH DRESSING KENS
	RANCH DRESSING KENS	CREAM PUFFS MINI
	GRAPES,Fresh	
	MILK, CHOCOLATE NO FAT BK	
	MILK LOWFAT WH BERKELEY	
Tuesday		
EGGS WHOLE LIQUID	CHICKEN STRIPS WW	TOMATO SAUCE COMMODITIES
TRIPLE BERRY MUFFIN WW	FRIES CRINKEL CUT	SPAGHETTI NOODLES
FRUIT MIX FRESH	ICEBURG SALAD	MEAT BALLS 1/2 OZ SIZE
MILK,CHOCOLATE NO FAT BK	TOMATO SALAD	ICEBURG SALAD
MILK LOWFAT WH BERKELEY	BEANS GARBANZO SALAD	TOMATO SALAD
ORANGE JUICE SUNCUP 4OZ	CARROTS BABY SALAD	CUCUMBER SLICED SALAD
	RANCH DRESSING KENS	KIDNEYBEANS
	KETCHUP	RANCH DRESSING KENS
	APPLES,FRESH	DINNER ROLL WW
	MILK,CHOCOLATE NO FAT BK	CHOCOLATE CHIP COOKIES
	MILK LOWFAT WH BERKELEY	
Wednesday		
PANCAKE WHOLE WHEAT	BREAD WHEAT 100%	BUNWHEATHAMBURGER
SAUASAGE PATTIES HORMEL	TURKEY DELI MEAT SYSCO	BEEFPATTY
STRAWBERRIES WHOLE COMMO	AMERICANCHEESE	POTATOE WEDGES SYSCO
MILK LOWFAT WH BERKELEY	LETTUCE,SHREDDED ICEBURG	LETTUCE,SHREDDED ICEBURG
MILK,CHOCOLATE NO FAT BK	TOMATOESSLICED	TOMATOESSLICED
ORANGE JUICE SUNCUP 4OZ	PICKELS SLICED DILL	AMERICANCHEESE
	PEARSCANNED	PICKELS SLICED DILL
	CHEX MIX	MAYONNAISE
	MILK,CHOCOLATE NO FAT BK	KETCHUP
	MILK LOWFAT WH BERKELEY	BROWNIES
	MAYONNAISE	
	MUSTARD	
Thursday		
HAM BREAKFAST SYSCO	BEEF TACO MEAT	CHICKENBREAST
OATMEAL	BEANSREFRIED	BBQ SAUCE
HASH BROWN PATTIE	TORTILLA WHOLE GRAIN	MAC AND CHEESE
PEACHESCANNED	RICE BROWN LONG GRAIN	BROCCOLI
MILK LOWFAT WH BERKELEY	CHEESE SHREDDED CHEDDAR	ICEBURG SALAD
MILK,CHOCOLATE NO FAT BK	TOMATO DICED	TOMATO SALAD
ORANGE JUICE SUNCUP 4OZ	LETTUCE,SHREDDED ICEBURG	CUCUMBER SLICED SALAD
	SALSA	CARROTS BABY SALAD
	SOUR CREAM	RANCH DRESSING KENS
	PINEAPPLE CHUNKS	ICE CREAN BAR SANDWICH
	MILK,CHOCOLATE NO FAT BK	
	MILK LOWFAT WH BERKELEY	

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SHADY CREEK BREAKFAST MENU	SHADY CREEK LUNCH MENU	SHADY CREEK DINNER MENU
Friday		
EGGS WHOLE LIQUID		
WAFFLE STIX WW		
APPLE SAUCE CANNED		
MILK LOWFAT WH BERKELEY		
MILK,CHOCOLATE NO FAT BK		
ORANGE JUICE SUNCUP 4OZ		

*Subject to availability and seasonal items, menu may change slightly throughout the year.

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